

AGRA ORTHOPAEDIC SOCIETY

AGRA MOVES BETTER - 2026

DAILY ACTIVITY & MEDIA DOSSIER

27 AUGUST 2026

Four-Site Bone-Health Outreach

Medical college • Cancer care • Girls' school • Sikandra/Japnam community screening

4 Programme sites	BMD Across all sites	1 day Citywide outreach
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Better Bones • Better Joints • Better Movement • Better Lives

01 / ACTIVITY SUMMARY

Four Programmes, One Prevention Message

Site	Audience / Activity	Key contributors
S.N. Medical College, Agra	BMD screening; bone/muscle health, posture and physical-activity awareness for patients and staff	Dr Brijesh Sharma; Dr Prashant Gupta / SNMC support
Purushottam Das Savitri Devi Cancer Care & Research Centre	BMD + osteoporosis / muscle-strength / balance awareness for cancer survivors, attendants, staff and Rotary women	Dr Sanjay Chaturvedi; Dr Sandeep Agarwal; Dr Sushma Gupta; Ashu Mittal; Dr Parul Agarwal
Shri Gandhi Adarsh Kanya Vidyalaya, Yamuna Bridge	BMD screening and women/community bone-health awareness	Mrs Vatsala Prabhakar; school/community team
Japnam Hospital / Sikandra site	Community BMD screening and bone-health counselling	Dr Parul Agarwal / local team

02 / SPECIAL FOCUS

Cancer-Survivor & Musculoskeletal Message

- Healthy bones work together with strong muscles, good balance and regular activity to reduce fall and fracture risk.
- Cancer and its treatment may affect bone and muscle health in some patients; risk should be discussed in clinical context rather than inferred from a single screening value.
- Across all four sites, prevention focused on nutrition, calcium/Vitamin D, activity, posture and timely medical review.

Site-name reconciliation

The contemporaneous press note describes the fourth programme as “Sikandra क्षेत्र”; the AOS Final Master Activity Register names the site as Japnam Hospital. This dossier records it as “Japnam Hospital / Sikandra site” so both source records remain traceable.

03 / COVERAGE

Digital & Print Media Record

Hindustan Varta - 27 Aug: [एक दिन में चार स्थानों पर BMD जांच, हड्डियों की सेहत के प्रति जागरूक](#)

Taj News: [Agra Moves Better 2026 - BMD screening camps at SN Medical College, cancer care centre and Sikandra](#)

Facebook: [27 August multi-site coverage](#)

The WhatsApp archive also records follow-up print coverage from Dainik Jagran and Dainik Bhaskar on 28 August. Because those clipping images are omitted from the exported chat package, they are referenced in the evidence register but not visually reproduced here.

EVIDENCE CONTROL

Documentation & Submission Record

Evidence base	AOS Final Master Activity Register; detailed 27 August press note; digital links; WhatsApp record of 28 August Dainik Jagran and Dainik Bhaskar follow-up coverage; AOS cancer-hospital awareness material.
Privacy	Public/shareable dossier. Patient-identifying BMD registers, phone numbers and individual results are excluded.
Clinical caveat	Portable/camp BMD is a screening tool. Low screening values are not a stand-alone diagnosis of osteopenia/osteoporosis; clinical assessment and central DXA may be indicated.
Suggested filing	UPOA/IOA: multi-site BMD outreach; medical-college public awareness; cancer-survivor musculoskeletal health; school/community bone health; osteoporosis prevention

AOS leadership: Dr Atul Kulshreshtha, President | Dr Sanjay Chaturvedi, Secretary | Dr Sanjiv Vohra, Treasurer | Dr D. V. Sharma, Chairman - Public Awareness