

AGRA ORTHOPAEDIC SOCIETY

AGRA MOVES BETTER - 2026

MASTER CAMPAIGN DOSSIER

1-30 August 2026

Better Bones • Better Joints • Better Movement • Better Lives



A month-long city-wide public awareness initiative for preventive musculoskeletal health

PRE-CLOSING MASTER EDITION | Prepared 29 August 2026

INSTITUTIONAL RECORD

Document Control & Status

This master dossier consolidates the full Agra Moves Better - 2026 campaign calendar from the official launch on 1 August through the scheduled Closing Ceremony on 30 August 2026. It is designed as a permanent AOS institutional record and as a concise submission-ready overview for professional associations, partners and media.

Campaign	Agra Moves Better - 2026
Organiser	Agra Orthopaedic Society (AOS)
Leadership	Dr. Atul Kulshreshtha - President Dr. Sanjay Chaturvedi - Secretary Dr. Sanjiv Vohra - Treasurer Dr. D. V. Sharma - Chairman, Public Awareness Committee
Coverage period	1-30 August 2026
Evidence base	Final Master Activity Register; date-wise activity dossiers; Anuj Upadhyay journalist WhatsApp archive; Tony/Navneet AOS coordination WhatsApp archive; supplied photographs, press clippings, web/video links; approved Closing Ceremony programme and speech
Privacy classification	Public/shareable master dossier. Patient-identifying BMD registers, phone numbers and individual T-scores are excluded.
Edition status	Pre-closing edition. The 30 August Closing Ceremony is described from the approved programme and is not represented as completed until the event takes place.

Date discipline: programme dates are separated from dates on which photographs, clippings or follow-up media reports were received. Where later evidence corrected an earlier audit, the Final Master Activity Register has been treated as the governing chronology.

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- Closing Ceremony - 30 August 2026 (scheduled)
- Partners, AOS Members, Evidence & Privacy
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ONE MONTH. ONE CITY. ONE SHARED RESPONSIBILITY.

Executive Summary

Agra Moves Better - 2026 was conceived not as a single camp but as a city-wide preventive-health movement. AOS took bone, joint, spine, muscle, posture, osteoporosis, fall-prevention, sports-injury and road-safety messages beyond clinics into police institutions, schools, hospitals, senior-citizen groups, women's organisations, workplaces, sports settings, the District Jail, Air Force Station Agra and Agra Airport.

48	46	36	26	5
register entries	programme / site entries	BMD-linked entries	programme dates*	principal founding partners

*The 26 programme dates include the 1 August launch and the scheduled 30 August Closing Ceremony. Two dates were explicitly recorded as no-programme days; 21 and 29 August had no separate field activity entered in the final register.

What the campaign repeatedly did

- Screen - offer accessible BMD or health-risk screening where appropriate.
- Educate - translate medical prevention into simple actions on posture, exercise, nutrition, fall prevention, lifting, road safety and sports preparation.
- Refer - advise medical evaluation and standard DXA/DEXA where low screening values or clinical risk required follow-up.
- Follow up - use hospitals, AOS members and partner institutions as the route for continuing care rather than treating camps as isolated events.

Major population groups reached

POLICE	WOMEN	SENIORS	YOUTH	WORKFORCE
personnel & families	menopause & osteoporosis	falls & active ageing	schools & sport	ergonomics & safe work

CAMPAIGN COALITION

Leadership, Founding Partners & Support Ecosystem

AOS leadership

Dr. Atul Kulshreshtha President	Dr. Sanjay Chaturvedi Secretary	Dr. Sanjiv Vohra Treasurer	Dr. D. V. Sharma Public Awareness Chairman
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Principal founding partners

- Agra Police
- Indian Medical Association (IMA)
- Lions Clubs International
- Uttar Pradesh Orthopaedic Association (UPOA)
- Indian Orthopaedic Association (IOA)

Wider coalition registered / associated at launch

Yuva Chaturvedi Manch	I-Serve Khushion Ke Pal	Mahila Shanti Sena
WakeUp Agra	Brij Vikas Sansthan, Agra	Navkalyanam Social Development Foundation
Anthem Residents Welfare Association	Time Bank of India, Agra	Lions International District 321C2
Rotary Club of Agra Neo	Rotary Club of Agra Divine	Traffic Support Team
Pushpanjali Hospital	Rooprani Health Cares	Modern Physio
Emcure Pharma	Beat Enterprises Exports	CML Company FZCO
DeepArk Consulting	Mr. Ankur Chaturvedi	Mr. Deepak Rajoriya

Special support acknowledged in campaign records

- Mr. Ram Mohan Kapoor - support in launching the campaign.
- Mr. Rajat Asthana - financial support for public-awareness activities.
- Mr. Gurpreet Singh and Sun Pharma - support for the Closing Ceremony.
- BMD-machine / field support included Sun Pharma, IPCA and Emcure, along with other campaign-support partners.

LAUNCH, POLICE WELLNESS & NATIONAL BONE AND JOINT DAY

1-4 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
01 Aug	Lemon Tree Hotel, Agra	Official Launch of Agra Moves Better-2026; Founding Partners & Media Meet	Dr. Atul Kulshreshtha; Dr. Sanjay Chaturvedi; Dr. Sanjiv Vohra; Dr. D. V. Sharma; AOS members AOS partners, NGOs, media and participating institutions	No
02 Aug	Police Training Centre / Police Lines, Agra	BMD, Vitamin D screening, posture and preventive musculoskeletal-health awareness	Dr. Sanjay Chaturvedi Agra Police; VAMA Sarthi; Police Hospital	Yes
03 Aug	Various participating hospitals	Distributed BMD screening activity	AOS members Participating hospitals	Yes
04 Aug	Prashant Memorial Hall, Police Lines	National Bone & Joint Day – Swasth Prahari, Sashakt Police; CPR, ergonomics and posture awareness	Dr. Sanjay Chaturvedi; Dr. Rajneesh Mishra (CPR) Agra Police; ACP Sachindra Patel	No
04 Aug	Atul Nursing Home	BMD screening and counselling	AOS team Atul Nursing Home	Yes

HOSPITALS, WOMEN, RADIO, SCHOOLS & HEALTHCARE ERGONOMICS

5-8 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
05 Aug	F.H. Medical College	BMD and healthcare ergonomics / bone & joint health	Dr. Ashwani Sadana; Dr. Imran Sazid; Dr. Lalit Pathak F.H. Medical College	Yes
05 Aug	Japnam Hospital	BMD and bone-health awareness	AOS team Dr. Gurdeep Singh	Yes
06 Aug	Apna Ghar / Annapurna Mahila Ashram	Women's bone health, BMD and osteoporosis awareness	AOS team Mrs. Kanta Maheshwari / Lions Club	Yes
06 Aug	Dr. Ashok Vij Clinic	BMD, bone health and fall-prevention awareness	Dr. Ashok Vij Mrs. Pinky Jain / Inner Wheel Club	Yes
07 Aug	Akashvani Agra	Radio public-awareness talk on bone, joint, muscle, spine health and prevention	Dr. Sanjay Chaturvedi Akashvani Agra	No
07 Aug	G.L. Public School	School posture and musculoskeletal-health programme	AOS team Mr. Atul Kulshrestha / G.L. Public School	No
08 Aug	Institute of Mental Health & Hospital, Agra	Posture India; Healthy Surgeons-Safe Hands; BMD and osteoporosis awareness	AOS team Dr. Dinesh Rathore / Institute administration	Yes
08 Aug	Kapoor Orthopaedic Center, Shaheed Nagar	BMD and bone-health awareness	Dr. Arun Kapoor; Dr. Ankit Kapoor Kapoor Orthopaedic Center	Yes

COMMUNITY BONE HEALTH, SENIOR CITIZENS, SCHOOLS & PROFESSIONAL OUTREACH

9-12 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
09 Aug	Dr. Sanjay Prakash Hospital, Vijay Nagar	BMD and osteoporosis awareness	AOS team Dr. Sanjay Prakash	Yes
09 Aug	Dr. D. V. Sharma Bone Hospital, Purana RTO Office	BMD, senior-citizen bone health and healthy ageing	Dr. D. V. Sharma Dr. D. V. Sharma; Dr. G. S. Dharmesh, MLA	Yes
09 Aug	Chaturvedi Mahila Mandal / Vijay Club, Vijay Nagar	Women's bone health, menopause and osteoporosis awareness	Speaker: Dr. Sanjay Chaturvedi Mrs. Nidhi Chaturvedi / Chaturvedi Mahila Mandal	No
09 Aug	Ramlala Vriddhashram, Kailash Mandir	BMD, senior-citizen bone health, fall and fracture prevention	AOS team Mrs. Vatsala Prabhakar	Yes
10 Aug	Ishwari Devi Hospital, Shaheed Nagar	BMD screening and staff ergonomics / musculoskeletal-health awareness	Dr. Rakesh Mohaniya; Dr. Divyanshu Mohaniya Ishwari Devi Hospital	Yes
11 Aug	Prelude Public School	Grow Strong; BMD and road-safety awareness	AOS team Mr. Sushil Vibhav / Prelude Public School	Yes
11 Aug	F.H. Medical College	BMD and healthcare-worker ergonomics	AOS team F.H. Medical College	Yes
12 Aug	ICAI Bhawan, Sanjay Place	BMD, bone & joint health, exercise and osteoporosis prevention	AOS team ICAI Agra	Yes
12 Aug	Dr. Gaurav Rajpal Clinic	BMD, women's osteoporosis awareness and staff ergonomics	Dr. Gaurav Rajpal Dr. Gaurav Rajpal	Yes

Selected documented outputs

- 9 Aug: 103 BMD screenings were reported across four community sites in the contemporaneous dossier.
- 11 Aug: more than 100 BMD screenings were reported at F.H. Medical College, alongside healthcare-worker ergonomics training.

वैद्ययत खबर

हर राज्य की खबरें

मंगलवार को दो महत्वपूर्ण कार्यक्रम आयोजित किए गए



'Agra Moves Better-2026' अभियान के तहत मंगलवार को दो महत्वपूर्ण कार्यक्रम आयोजित किए गए।

प्रिल्यूड पब्लिक स्कूल में 16 से 18 वर्ष की छात्राओं के लिए Bone Mineral Density यानी BMD स्क्रीनिंग की गई। इसके साथ ही कक्षा 9 से 12 तक के विद्यार्थियों के

लिए 'Grow Strong' और Road Safety Interactive Session आयोजित हुआ।

अंडर सचिव डॉ. संजय चतुर्वेदी ने विद्यार्थियों को कम उम्र में वाहन चलाने के खतरे, हेलमेट और सीट बेल्ट के इस्तेमाल, तेज रफ्तार और ड्राइविंग के दौरान मोबाइल से होने वाले डिस्ट्रैक्शन को लेकर जागरूक किया। वहीं डॉ. देवाशु मोहानिया ने किशोरावस्था में मजबूत

हड्डियों के लिए नियमित व्यायाम, संतुलित आहार और सही पोस्चर के महत्व पर जानकारी दी।

इसी अभियान के तहत FH Medical College में 100 से अधिक मरीजों की इंट्रिंजिच की गई। साथ ही Healthcare Workers को Workplace Ergonomics Training देकर सही पोस्चर और सुरक्षित कार्यशैली के बारे में बताया गया।

Press coverage of the 11 August school-to-medical-college outreach.

HOSPITAL ERGONOMICS, INDEPENDENCE DAY OUTREACH & GOYAL HOSPITAL

13-16 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
13 Aug	Pushpanjali Hospital, Delhi Gate	BMD and healthcare-worker ergonomics / musculoskeletal-health awareness	Dr. Siddhartha Dubey; Dr. Mayank Agarwal; Dr. Sanjay Chaturvedi; Dr. Atul Kulshreshtha Pushpanjali Hospital	Yes
14 Aug	Ujala Cygnus Rainbow Hospital	Healthcare ergonomics / musculoskeletal-health awareness	Dr. Sanjay Chaturvedi; Dr. Atul Jain; Dr. Niharika Malhotra Dr. Narendra Malhotra / Rainbow Hospital	No
15 Aug	Khel Gaon	BMD, senior-citizen bone health, fall prevention and active ageing	AOS team Mr. Deepak; Dr. Anupam Gupta; Dr. Mukesh Agarwal; Dr. Pramod Gupta	Yes
15 Aug	UPSRTC Regional Workshop, Idgah	Road safety, BMD, workplace ergonomics and CPR	Dr. Atul Kulshreshtha; Dr. Sanjay Chaturvedi; Dr. Rajneesh Mishra (CPR) Mr. B. M. Agrawal; Mr. Tularam Verma / UPSRTC	Yes
15 Aug	Sports / Freedom Cup activity	Sports injury prevention: warm-up, conditioning, posture, hydration and safe return to sport	AOS team Sports/community partners	No
15 Aug	Khandari Park	Community health camp including blood investigations and counselling	Dr. Atul Agarwal, Past President AOS Community support	No
16 Aug	Goyal Hospital	BMD and hospital-staff training / healthcare ergonomics	Dr. Meghal Goyal Dr. Meghal Goyal / Goyal Hospital	Yes

Independence Day cluster

On 15 August the campaign used the theme 'दर्द से स्वतंत्रता' and reached senior citizens, Roadways personnel, sportspersons and the wider community through bone-health, fall-prevention, CPR, road-safety and sports-injury-prevention activities. The campaign record also preserves the associated Khandari Park medical camp.



Sports / Freedom Cup outreach documented in the campaign photo archive.

17-20 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
17 Aug	—	No programme	— —	No
18 Aug	Khushi Hospital	BMD screening and bone-health awareness	Dr. Gambhir Singh Sikarwar Khushi Hospital	Yes
18 Aug	Ashok Auto Sales	BMD and Work Safe, Work Strong industrial/workplace ergonomics	AOS team Ashok Auto Sales	Yes
19 Aug	Goyal Hospital	BMD and women's/post-menopausal osteoporosis awareness	Dr. Mukesh Goyal; Dr. Meghal Goyal Goyal Hospital	Yes
20 Aug	Ashok Cosmos Mall	BMD and workplace posture & musculoskeletal health	Dr. Gaurav Rajpal; Dr. D. V. Sharma; Dr. Sanjay Chaturvedi; Dr. Ranjana Bansal Ashok Cosmos	Yes
20 Aug	F.H. Medical College	Healthcare ergonomics and bone-health programme	Dr. Ashwani Sadana F.H. Medical College	No

Work Safe, Work Strong



Workplace musculoskeletal-health and ergonomics session at Ashok Auto Sales.



Women's bone-health / BMD screening at Goyal Hospital.

BADMINTON, DISTRICT JAIL, COMMUNITY SCREENING & SCHOOL OUTREACH

21-24 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
22 Aug	Prakhar Badminton Academy	BMD and sports-injury prevention	Dr. Sanjay Chaturvedi Mr. Praveen Agarwal; Mr. Luv Goyal	Yes
23 Aug	District Jail, Agra	BMD screening and bone-health awareness	AOS team Mr. Hari Om, Jail Superintendent / District Jail	Yes
23 Aug	Om Medical Complex	BMD and bone-health screening	Dr. Anupam Gupta Om Medical Complex	Yes
24 Aug	Chandrawati School	BMD camp	Dr. Sanjay Chaturvedi School administration	Yes

21 Aug: no separate field activity entered in the Final Master Activity Register.

AIR FORCE, AIRPORT, FREE COMMUNITY SCREENING & FOUR-SITE OUTREACH

25-27 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
25 Aug	Air Force Station Agra	BMD and musculoskeletal-health / workplace-ergonomics awareness	Dr. Sanjay Chaturvedi Mrs. Manju Rajput, President AFFWA(L); Gp Capt Prashant Mishra / AF Station Agra	Yes
25 Aug	Agra Airport	BMD, workplace ergonomics and CPR awareness	Dr. Sanjay Chaturvedi; Dr. Rajneesh Mishra (CPR) Mr. Vivek Sharma, Airport Director / Airport & CISF	Yes
26 Aug	Prof. C.R. Chaturvedi Medical Complex	Free community BMD screening	Dr. Sanjay Chaturvedi Prof. C.R. Chaturvedi Medical Complex	Yes
27 Aug	S.N. Medical College, Agra	BMD and bone/musculoskeletal-health awareness	Dr. Brijesh Sharma Dr. Prashant Gupta, Principal, SNMC	Yes
27 Aug	Purushottam Das Savitri Devi Hospital	BMD, osteoporosis and musculoskeletal-health awareness	AOS team Dr. Sandeep Agarwal	Yes
27 Aug	School outreach programme	BMD / bone-health awareness	AOS team Mrs. Vatsala Prabhakar	Yes
27 Aug	Japnam Hospital	BMD / bone-health programme	AOS team Dr. Parul Agarwal	Yes

High-duty workplaces and multi-site expansion

- 25 Aug: the Air Force Station Agra and Agra Airport dossier records a combined 221 BMD screenings, with ergonomics and CPR awareness.
- 27 Aug: four separate programme entries were recorded in one day - S.N. Medical College, Purushottam Das Savitri Devi Hospital, a school outreach programme and Japnam Hospital.

CAMPAIGN CLOSE-OUT & SCHEDULED CLOSING CEREMONY

28-30 August

Date	Venue / institution	Programme / focus	Faculty / partner	BMD
28 Aug	—	No programme	— —	No
30 Aug	Fairfield by Marriott, Agra	Closing Ceremony – campaign impact, recognition and felicitation	AOS Executive & Members Community partners, institutions, NGOs, media and supporters	No

29 Aug: no separate field activity entered in the Final Master Activity Register.

The 30 August row is a scheduled programme. Event photographs, actual attendance, felicitation completion and post-event media coverage should be appended after the ceremony.

HOW ONE CAMPAIGN REACHED VERY DIFFERENT COMMUNITIES

Theme-wise Impact

Theme	Where the campaign went	Core preventive message
Women & osteoporosis	Apna Ghar / Annapurna Mahila Ashram; women's groups; Goyal Hospital; community clinics	Menopause, bone loss, calcium/Vitamin-D, exercise, BMD awareness
Senior citizens	Ramlala Vriddhashram; Vijay Nagar; Khel Gaon	Active ageing, balance, fall prevention, fracture-risk reduction
Schools & adolescents	G.L. Public School; Prelude Public School; Chandrawati School; other school outreach	Growing bones, posture, physical activity, road safety
Healthcare workers	F.H. Medical College; Mental Health Institute; Pushpanjali; Rainbow; Goyal; Ishwari Devi	Healthcare ergonomics, posture, body mechanics, safer patient handling
Industry / workplaces	Ashok Auto Sales; Ashok Cosmos Mall; Roadways workshop	Work Safe Work Strong, lifting, repetitive work, workstation posture
Sports	Freedom Cup; Prakhar Badminton Academy	Warm-up, conditioning, recovery, technique, injury prevention
Uniformed / high-duty services	Agra Police; Air Force Station Agra; CISF / Airport	Duty ergonomics, BMD, CPR, operational fitness
Vulnerable / hard-to-reach	District Jail; Institute of Mental Health; senior-care settings	Equitable access to screening and preventive health education

NUMBERS THAT ARE WELL DOCUMENTED - WITHOUT FORCING AN UNRELIABLE GRAND TOTAL

Selected Screening Snapshot

The campaign used portable / heel BMD screening as an awareness and triage tool. Because source registers vary in completeness and some programme-level counts were reported differently across early working documents, this master dossier does not manufacture a single grand total. Instead, it preserves robust site/date outputs where the supporting dossier is clear.

59	103	100+	31	221
8 Aug Mental Health Institute	9 Aug multi-site community total	11 Aug F.H. Medical College	16 Aug Goyal City Hospitals	25 Aug Air Force + Airport

- 36 programme/site entries in the Final Master Activity Register are marked BMD = Yes.
- Camp/portable BMD screening is not a stand-alone diagnosis of osteopenia or osteoporosis.
- Abnormal screening values require clinical correlation and, where indicated, confirmatory central DXA/DEXA.
- Scientific analysis should use the separate de-identified BMD raw-data workbook, not media-reported programme figures.



Representative BMD screening activity from the campaign archive.



BMD screening desk during the later-August workplace/community outreach.

SELECTED CAMPAIGN COVERAGE

Media & Digital Footprint

Print, digital, video and social-media coverage amplified the public-health messages beyond in-person beneficiaries. The following links were supplied in the journalist archive or directly with the campaign documentation.

Date	Coverage	Link
1 Aug	YouTube - campaign launch	Open coverage
1 Aug	YouTube - launch coverage	Open coverage
1 Aug	AurGuru - city bone & joint health campaign	Open coverage
8 Aug	Hindustan Varta - Mental Health Institute posture & BMD	Open coverage
11 Aug	Janvad Times - school to medical college	Open coverage
11 Aug	Taj News - Prelude Public School & FH Medical College	Open coverage
12 Aug	Taj News - ICAI Bhawan & Dr Gaurav Rajpal Clinic	Open coverage
15 Aug	YouTube - Independence Day outreach	Open coverage
15 Aug	Round Table / sports live coverage	Open coverage
18 Aug	Jan Darpan Times - Work Safe, Work Strong	Open coverage
18 Aug	C News Bharat - industrial/workplace outreach	Open coverage
18 Aug	Taj News - Ashok Auto Sales & Khushi Hospital	Open coverage
19 Aug	Hindustan Varta - post-menopausal bone health	Open coverage
19 Aug	News Nazariyaa - Agra bone-health awareness	Open coverage
19 Aug	Taj News - post-menopausal osteoporosis & BMD	Open coverage
20 Aug	Taj News - workplace posture & musculoskeletal health	Open coverage
27 Aug	Hindustan Varta - four-site BMD awareness day	Open coverage
27 Aug	Taj News - SNMC, cancer-care and Sikandra outreach	Open coverage

11 AUGUST COVERAGE

Selected Press Clippings

खरादा कद्र प्रमास प्रकाश महत क खरादा फासम जन्म दावा सखा प्रबलक साराकात महत, वाडवा कस मलता।

वैधयत खबर

हर राज्य की खबरें

मंगलवार को दो महत्वपूर्ण कार्यक्रम आयोजित किए गए



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प्रिल्यूड पब्लिक स्कूल में 16 से 18 वर्ष की छात्राओं के लिए Bone Mineral Density यानी BMD स्क्रीनिंग की गई। इसके साथ ही कक्षा 9 से 12 तक के विद्यार्थियों के

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School-to-medical-college coverage: BMD, Grow Strong, Road Safety and Healthcare Ergonomics.



प्रिल्यूड पब्लिक स्कूल में आयोजित शिविर में छात्राओं को जागरूक किया गया।

सड़क सुरक्षा संग हड्डियों की सेहत का भी रखें ध्यान

आगरा, प्रमुख संवाददाता। आगरा आर्थोपेडिक सोसायटी की ओर से मंगलवार को प्रिल्यूड पब्लिक स्कूल में शिविर लगाया गया। आगरा मूव्स बेटर-2026 अभियान के तहत कक्षा 10 से 12वीं तक के विद्यार्थियों को सड़क सुरक्षा और हड्डियों की सेहत के प्रति जागरूक किया गया। डॉ. देवांशु मोहनिया ने किशोरावस्था में मजबूत हड्डियों के निर्माण के महत्व पर संवाद किया। उन्होंने नियमित व्यायाम, संतुलित आहार, सही पोस्चर और स्वस्थ जीवनशैली पर जोर दिया।

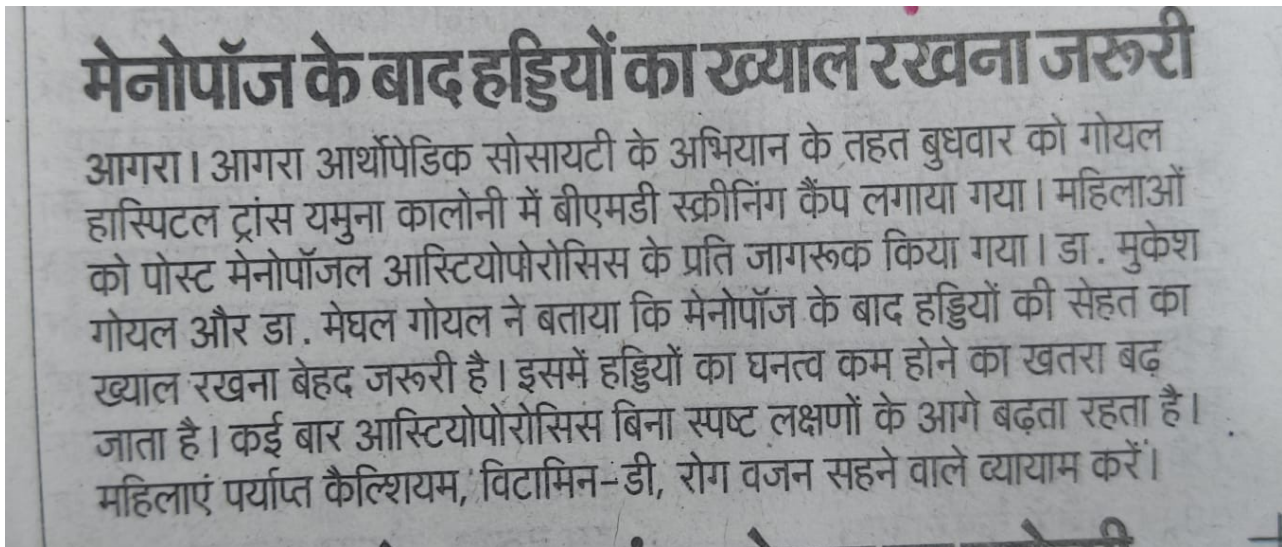
सोसायटी सचिव डॉ. संजय चतुर्वेदी ने 16 से 18 वर्ष के विद्यार्थियों को सड़क

सुरक्षा की जानकारी दी। उन्होंने निर्धारित उम्र में ड्राइविंग लाइसेंस लेने, कम उम्र में वाहन चलाने के खतरे, हेलमेट और सीट बेल्ट के इस्तेमाल, तेज रफ्तार और वाहन चलाते समय मोबाइल के इस्तेमाल से होने वाले हादसों पर चर्चा की। बच्चों की बीएमडी स्क्रीनिंग भी की गई। संचालन 11वीं की छात्रा पावी ने किया। निदेशक डॉ. सुशील गुप्ता और डॉ. अनुपम गुप्ता मौजूद रहे। एफएच मेडिकल कॉलेज में 100 से अधिक मरीजों की बीएमडी जांच की गई। डॉ. इमरान साजिद ने स्वास्थ्य कर्मियों को हड्डियों की सुरक्षा के उपाय बताए।

Print coverage highlighting road safety and bone health.

19-20 AUGUST COVERAGE

Selected Press Clippings



Post-menopausal bone-health awareness and BMD screening.



Dainik Jagran coverage of menopause-related bone weakness and screening.



Additional campaign print clipping received in the 20 August media archive.

SCHEDULED PROGRAMME - FAIRFIELD BY MARRIOTT, AGRA

Closing Ceremony - 30 August 2026

The Closing Ceremony is scheduled for Sunday, 30 August 2026 at 4:00 PM. This section records the approved programme; it does not certify attendance or completion before the event.

Dais & masters of ceremony

- Chief Guest: Dr. S. C. Sahu
- Guests of Honour: Dr. Harish Chandra and Dr. I. A. Khan
- On dais: Dr. Atul Kulshreshtha, Dr. Sanjay Chaturvedi, Dr. D. V. Sharma and Dr. Sanjiv Vohra
- Masters of Ceremony: Dr. Sanjiv Vohra and Dr. Ashwani Sadana

Approved flow

Time	Programme
3:30-4:00	Registration, reception and campaign slideshow
4:00-4:10	Opening, ceremonial welcome and President's welcome address
4:10-4:17	Campaign film - The Journey of Agra Moves Better-2026
4:17-4:27	Campaign impact presentation - Dr. Sanjay Chaturvedi
4:27-4:32	Public Awareness Committee perspective - Dr. D. V. Sharma
4:32-5:02	Felicitation of community partners and contributors
5:02-5:20	Addresses by Guests of Honour and Chief Guest
5:20-5:25	Way Forward - preventive musculoskeletal-health awareness beyond August
5:25-5:30	Vote of Thanks and closing announcement
5:30 onward	Group photographs and High Tea / refreshments

AOS member recognition: participating AOS members are planned to be acknowledged prominently through the campaign film with their photographs, names and activities. External community partners and contributors are planned for certificate + common memento recognition.

RECOGNITION AND INSTITUTIONAL VALUE

People & Institutions Behind the Movement

AOS members / faculty named in the Final Master Activity Register

Dr. Ankit Kapoor	Dr. Anupam Gupta	Dr. Arun Kapoor
Dr. Ashok Vij	Dr. Ashwani Sadana	Dr. Atul Agarwal, Past President AOS
Dr. Atul Jain	Dr. Atul Kulshreshtha	Dr. Brijesh Sharma
Dr. D. V. Sharma	Dr. Divyanshu Mohaniya	Dr. Gambhir Singh Sikarwar
Dr. Gaurav Rajpal	Dr. Imran Sazid	Dr. Lalit Pathak
Dr. Mayank Agarwal	Dr. Meghal Goyal	Dr. Mukesh Goyal
Dr. Niharika Malhotra	Dr. Rajneesh Mishra (CPR)	Dr. Rakesh Mohaniya
Dr. Ranjana Bansal	Dr. Sanjay Chaturvedi	Dr. Sanjiv Vohra
Dr. Siddhartha Dubey	—	

Key institutional partners appearing in the programme register

Agra Police	VAMA Sarthi	Police Hospital
Participating hospitals	ACP Sachindra Patel	Atul Nursing Home
F.H. Medical College	Dr. Gurdeep Singh	Mrs. Kanta Maheshwari / Lions Club
Mrs. Pinky Jain / Inner Wheel Club	Akashvani Agra	Mr. Atul Kulshrestha / G.L. Public School
Dr. Dinesh Rathore / Institute administration	Kapoor Orthopaedic Center	Dr. Sanjay Prakash
Dr. D. V. Sharma	Dr. G. S. Dharmesh, MLA	Mrs. Nidhi Chaturvedi / Chaturvedi Mahila Mandal
Mrs. Vatsala Prabhakar	Ishwari Devi Hospital	Mr. Sushil Vibhav / Prelude Public School
ICAI Agra	Dr. Gaurav Rajpal	Pushpanjali Hospital
Dr. Narendra Malhotra / Rainbow Hospital	Mr. Deepak	Dr. Anupam Gupta
Dr. Mukesh Agarwal	Dr. Pramod Gupta	Mr. B. M. Agrawal
Mr. Tularam Verma / UPSRTC	Sports/community partners	Dr. Meghal Goyal / Goyal Hospital
Khushi Hospital	Ashok Auto Sales	Goyal Hospital
Ashok Cosmos	Mr. Praveen Agarwal	Mr. Luv Goyal

Mr. Hari Om, Jail Superintendent / District Jail	Om Medical Complex	School administration
Mrs. Manju Rajput, President AFFWA(L)	Gp Capt Prashant Mishra / AF Station Agra	Mr. Vivek Sharma, Airport Director / Airport & CISF
Prof. C.R. Chaturvedi Medical Complex	Dr. Prashant Gupta, Principal, SNMC	Dr. Sandeep Agarwal
Dr. Parul Agarwal		

Why the dossier matters

- Preserves an institutional record of AOS public-health work beyond clinical practice.
- Supports AOS reporting to UPOA / IOA and future city-club / public-awareness recognition.
- Separates public campaign evidence from confidential patient-level screening records.
- Creates a reusable model for future Bone & Joint Month activity: screen, educate, refer, document and follow up.

Appendix - Final Master Programme Register

Separate sites/programmes on the same date are retained as separate rows. No-programme dates are retained for completeness. The 30 August Closing Ceremony is scheduled at the time of this edition.

#	Date	Venue / institution	Activity / audience	BMD
1	01 Aug	Lemon Tree Hotel, Agra	Official Launch of Agra Moves Better-2026; Founding Partners & Media Meet Target: Media, NGOs, institutions, partners	No
2	02 Aug	Police Training Centre / Police Lines, Agra	BMD, Vitamin D screening, posture and preventive musculoskeletal-health awareness Target: Serving police personnel and families / VAMA Sarthi	Yes
3	03 Aug	Various participating hospitals	Distributed BMD screening activity Target: Community / patients	Yes
4	04 Aug	Prashant Memorial Hall, Police Lines	National Bone & Joint Day – Swasth Prahari, Sashakt Police; CPR, ergonomics and posture awareness Target: Police personnel	No
5	04 Aug	Atul Nursing Home	BMD screening and counselling Target: Patients / community	Yes
6	05 Aug	F.H. Medical College	BMD and healthcare ergonomics / bone & joint health Target: Doctors and healthcare workers	Yes
7	05 Aug	Japnam Hospital	BMD and bone-health awareness Target: Patients / community	Yes
8	06 Aug	Apna Ghar / Annapurna Mahila Ashram	Women's bone health, BMD and osteoporosis awareness Target: Women	Yes
9	06 Aug	Dr. Ashok Vij Clinic	BMD, bone health and fall-prevention awareness Target: Women / community	Yes
10	07 Aug	Akashvani Agra	Radio public-awareness talk on bone, joint, muscle, spine health and prevention Target: General public	No
11	07 Aug	G.L. Public School	School posture and musculoskeletal-health programme Target: School students	No
12	08 Aug	Institute of Mental Health & Hospital, Agra	Posture India; Healthy Surgeons-Safe Hands; BMD and osteoporosis awareness Target: Doctors, healthcare workers, female patients/inmates and staff	Yes
13	08 Aug	Kapoor Orthopaedic Center, Shaheed Nagar	BMD and bone-health awareness Target: Patients / staff	Yes

#	Date	Venue / institution	Activity / audience	BMD
14	09 Aug	Dr. Sanjay Prakash Hospital, Vijay Nagar	BMD and osteoporosis awareness Target: Community	Yes
15	09 Aug	Dr. D. V. Sharma Bone Hospital, Purana RTO Office	BMD, senior-citizen bone health and healthy ageing Target: Senior citizens / community	Yes
16	09 Aug	Chaturvedi Mahila Mandal / Vijay Club, Vijay Nagar	Women's bone health, menopause and osteoporosis awareness Target: Women	No
17	09 Aug	Ramlala Vriddhashram, Kailash Mandir	BMD, senior-citizen bone health, fall and fracture prevention Target: Senior citizens	Yes
18	10 Aug	Ishwari Devi Hospital, Shaheed Nagar	BMD screening and staff ergonomics / musculoskeletal-health awareness Target: Patients and hospital staff	Yes
19	11 Aug	Prelude Public School	Grow Strong; BMD and road-safety awareness Target: Adolescent girls	Yes
20	11 Aug	F.H. Medical College	BMD and healthcare-worker ergonomics Target: Healthcare workers	Yes
21	12 Aug	ICAI Bhawan, Sanjay Place	BMD, bone & joint health, exercise and osteoporosis prevention Target: Professionals / community	Yes
22	12 Aug	Dr. Gaurav Rajpal Clinic	BMD, women's osteoporosis awareness and staff ergonomics Target: Women and staff	Yes
23	13 Aug	Pushpanjali Hospital, Delhi Gate	BMD and healthcare-worker ergonomics / musculoskeletal-health awareness Target: Patients and healthcare workers	Yes
24	14 Aug	Ujala Cygnus Rainbow Hospital	Healthcare ergonomics / musculoskeletal-health awareness Target: Hospital staff / healthcare community	No
25	15 Aug	Khel Gaon	BMD, senior-citizen bone health, fall prevention and active ageing Target: Senior citizens, walkers and sportspersons	Yes
26	15 Aug	UPSRTC Regional Workshop, Idgah	Road safety, BMD, workplace ergonomics and CPR Target: Drivers, conductors, mechanics and staff	Yes
27	15 Aug	Sports / Freedom Cup activity	Sports injury prevention: warm-up, conditioning, posture, hydration and safe return to sport Target: Sportspersons	No
28	15 Aug	Khandari Park	Community health camp including blood investigations and counselling Target: Community	No

#	Date	Venue / institution	Activity / audience	BMD
29	16 Aug	Goyal Hospital	BMD and hospital-staff training / healthcare ergonomics Target: Patients and hospital staff	Yes
30	17 Aug	—	No programme Target: —	No
31	18 Aug	Khushi Hospital	BMD screening and bone-health awareness Target: Community / patients	Yes
32	18 Aug	Ashok Auto Sales	BMD and Work Safe, Work Strong industrial/workplace ergonomics Target: Employees / workforce	Yes
33	19 Aug	Goyal Hospital	BMD and women's/post-menopausal osteoporosis awareness Target: Women / community	Yes
34	20 Aug	Ashok Cosmos Mall	BMD and workplace posture & musculoskeletal health Target: Mall/workplace employees	Yes
35	20 Aug	F.H. Medical College	Healthcare ergonomics and bone-health programme Target: Doctors / healthcare workers	No
36	22 Aug	Prakhar Badminton Academy	BMD and sports-injury prevention Target: Young badminton players and mothers	Yes
37	23 Aug	District Jail, Agra	BMD screening and bone-health awareness Target: Female inmates and jail staff	Yes
38	23 Aug	Om Medical Complex	BMD and bone-health screening Target: Community	Yes
39	24 Aug	Chandrawati School	BMD camp Target: Girls / school community	Yes
40	25 Aug	Air Force Station Agra	BMD and musculoskeletal-health / workplace-ergonomics awareness Target: Air Force personnel and families	Yes
41	25 Aug	Agra Airport	BMD, workplace ergonomics and CPR awareness Target: Airport staff / CISF personnel	Yes
42	26 Aug	Prof. C.R. Chaturvedi Medical Complex	Free community BMD screening Target: General public	Yes
43	27 Aug	S.N. Medical College, Agra	BMD and bone/musculoskeletal-health awareness Target: Patients and healthcare workers	Yes
44	27 Aug	Purushottam Das Savitri Devi Hospital	BMD, osteoporosis and musculoskeletal-health awareness Target: Cancer survivors, women, staff and attendants	Yes
45	27 Aug	School outreach programme	BMD / bone-health awareness Target: School community	Yes

#	Date	Venue / institution	Activity / audience	BMD
46	27 Aug	Japnam Hospital	BMD / bone-health programme Target: Patients / community	Yes
47	28 Aug	—	No programme Target: —	No
48	30 Aug	Fairfield by Marriott, Agra	Closing Ceremony – campaign impact, recognition and felicitation Target: AOS members, partners, institutions and media	No

Way Forward

Agra Moves Better - 2026 demonstrated that musculoskeletal-health prevention can travel across a city when specialist knowledge is combined with community access. The practical next step is to retain the campaign as a repeatable AOS public-health platform rather than allow it to end with one calendar month.

- Continue periodic BMD / osteoporosis awareness with appropriate referral pathways.
- Repeat school posture, adolescent bone-health and road-safety modules.
- Create standard workplace-ergonomics modules for hospitals, offices and industry.
- Continue fall-prevention and active-ageing outreach for senior citizens.
- Retain sports-injury prevention sessions for schools, academies and community tournaments.
- Build an annual de-identified research dataset from BMD camps using consistent fields and denominator control.
- Maintain one evidence folder per programme: press note, attendance/aggregate output, photographs, media links and follow-up.

Better Bones • Better Joints • Better Movement • Better Lives

Agra Orthopaedic Society | Agra Moves Better - 2026

Public/shareable copy - patient-identifying records excluded